

Enrichment Guide

The following items are used regularly at the Shelter

Newspapers

Newspapers are used to line the bottom of cat cages.

Blankets and Towels

Used as bedding for all animals.

Toilet, paper towel and gift wrap empty rolls

Used for enrichment (*see next section for more details on how to make enrichment toys*).



Boxes and plastic bottles

Used for enrichment.

Boxes

- Dog treats placed inside a box and resealed with a small piece of tape, are given to dogs who love to sniff and work out a way to get to the treats.
- Empty boxes are given to cats who love to hide and play in them.



Empty plastic bottles

- Dog treats placed inside empty bottles provide dogs with a more challenging task than treats placed inside boxes.
- In summer, dog treats are placed inside empty bottles with chicken/beef stock, and kept in the freezer until frozen. As it will take time for the stock to defrost, this will provide longer lasting enrichment and helps keep dogs cool.

Bottle tops

Bottle tops are given to cats as a toy on their own. Also used for enrichment (*see next section for more details on how to make enrichment toys*).

Balls

Tennis balls are given to dogs and ping pong balls given to cats to play with. Also used to make enrichment (*see next section for more details on how to make enrichment toys*).

Wool

Used for enrichment.

(See next section for more details on how to make enrichment toys)



Sheets and T-Shirts

Used for enrichment. *(See next section for more details on how to make enrichment toys).*



Pillow Cases

Pillow cases are sprayed with catnip and given to cats.

Used to make enrichment scent pouches. *(See next section for more details on how to make enrichment toys).*



Balloons or Ice Cube trays

Fill balloons with stock and dog treats, and tie a knot in balloon and place in the freezer. Once frozen, remove the balloon and give the frozen ball to your dog.

Using an ice cube tray, place some stock and a couple of cat treats then pop the tray into the freezer. Once frozen, you can hand give this to your cat.



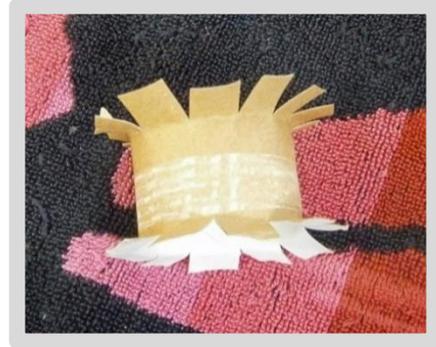
Snuffle Mat

See next section for more details on how to make enrichment toys.

Pinwheels

THINGS YOU NEED:

- Toilet rolls/paper towel rolls
- A pair of scissors

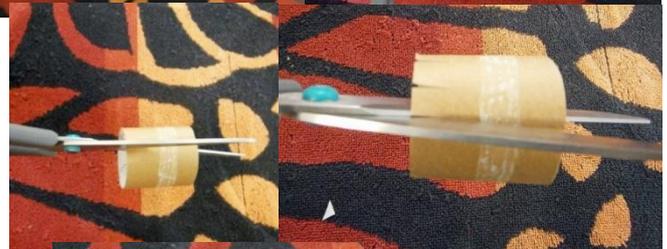


STEPS:

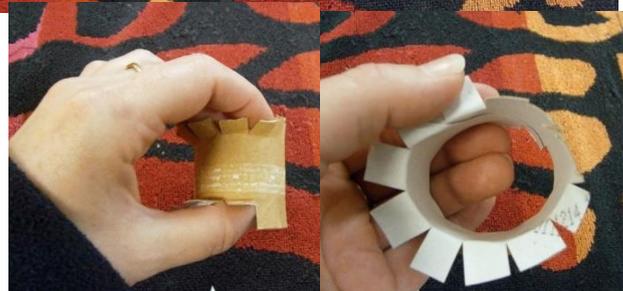
1. Cut the toilet roll in half or cut approx. 5 sections of paper towel roll



2. At both ends of the rolls cut a small slit into the tube



3. Once both ends have been cut push out the slits made



4. Now you have completed a pinwheel which our cats and kittens love to play with



Canine Toilet Roll Treats

THINGS YOU NEED:

- Toilet rolls/paper towel rolls
- Scotch tough duct tape
- Dog treats



STEPS:

Place a small square of tape on one end of the roll, then place some treats in to the roll and cover the open end of the roll with a small square of tape



Bon Bons

THINGS YOU NEED:

- Toilet rolls/paper towel rolls
- A pair of scissors
- Tissue paper
- Cat treats



STEPS:

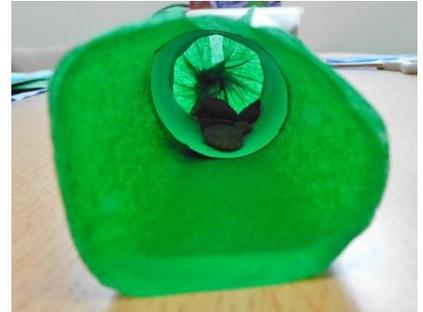
1. Cut the toilet roll in half or cut approx. 5 sections of paper towel roll.



2. Place the cut roll on to the pre-cut tissue paper and wrap the roll.



3. Twist one end of the tissue paper and place a few cat treats in the open end.



4. Twist the open end of the tissue paper and the bon bon is ready to be handed out.



Hanging Ball

THINGS YOU NEED:

- Toilet rolls/paper towel rolls
- A pair of scissors
- Craft hole punch
- Wool

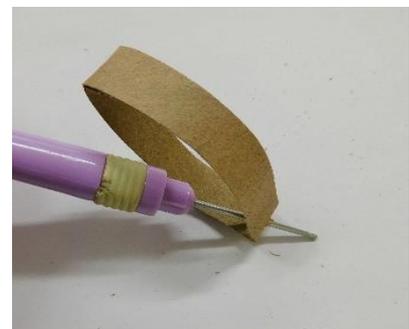


STEPS:

1. Cut the toilet roll in half, then cut three more times to make 4 rings (note: 1 toilet roll will make 2 hanging balls).



2. Make a small hole at opposite ends of each ring.



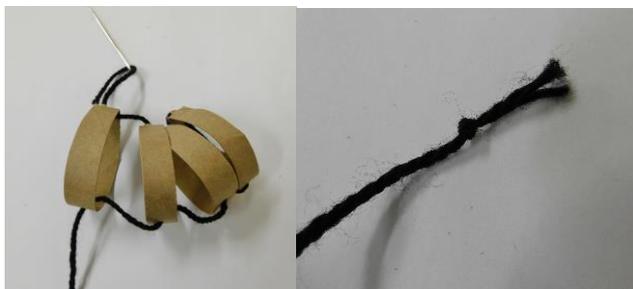
3. Feed the wool through the each hole at one end of each ring.



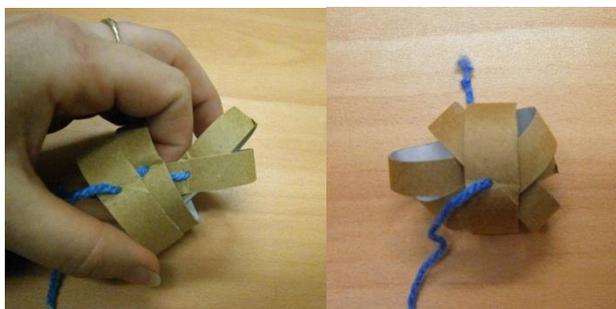
4. Then feed the wool back through each hole at the other end of each ring, working your way back to the first ring.



5. Once the wool has been threaded through all the holes tie a knot to prevent the wool from slipping back through the holes.



6. Insert the rings in to each other



7. Pull on the longest bit of wool holding the rings so the excess wool comes through and the rings come together to make ball shape



8. Tie a knot at the top of the ball to help keep the rings in a ball shape



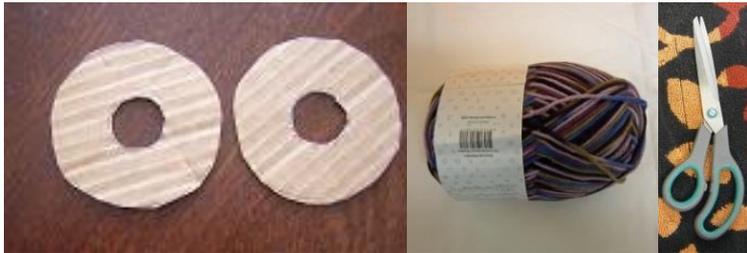
9. Now they are ready to hang on hooks, door handles or cage doors for the felines to play with.



Pom Pom

THINGS YOU NEED:

- Wool
- A pair of scissors
- Cardboard cut into circular rings or you can cheat and buy a pom pom maker



STEPS:

1. Place the rings together. The idea now is to wind the wool around the rings. Cut the wool into manageable lengths, perhaps a couple of meters (about 6 feet) at a time. Hold one end on the outside of the ring and feed the other end through the hole, round the back and through the front again. Repeat this, working your way around the ring until all the cardboard is covered. As you use additional lengths, you don't need to tie them together, just make sure the ends are on the outside, not in the middle.



2. The next step is the trickiest in making pom poms. Once your rings are fairly full of wool, cut the wool around the edges (i.e. the scissor blade should eventually pass between the two pieces of cardboard as you are cutting.) You won't be able to cut it all in one go so just do a few layers at a time. Pass a length of wool between the two pieces of cardboard, around all the strands of wool, and tie it firmly together. Now you can remove the cardboard rings (cut them if necessary).



Rope Toys

THINGS YOU NEED:

- Old/unwanted sheets or t-shirts
(Check with parents first)
- A pair of scissors



STEPS:

1. Cut the sheet or t-shirt in to strips (thin ones for cat rope toys or thicker ones for dog rope toys).
2. Using at least 3 strips (Approx. 3 strips for small cat rope toys, 6 – 9 strips for larger dog rope toys) tie a knot at one end.
3. Now separate the strips in to three groups and plait/braid them together and tie a knot at the end, if it is a longer toy you can also tie a knot in the centre.



Snuffle Mat

THINGS YOU NEED:

- Honeycombe Rubber Mat
- Fleece material cut into strips
- Scissors



STEPS:

1. Push one end of the fleece strip through a hole and the other end of the fleece strip through the hole next to it and tie a knot.



2. Repeat step one until all the holes are used up. Flip the mat over and double check the bottom to see if there are any empty spots.



3. Ready to use – sprinkle some treats on the mat to get your pet started. Then one they know what this new game is, push the treats down in between the strips so they have to hunt for them.



Tennis Ball Rope Toy

THINGS YOU NEED:

- Tennis Ball
- T-Shirt
- Scissors



STEPS:

1. Cut the T-Shirt in half and cut one small strip to use as a tie.



2. Place the tennis ball in the centre of the fabric and wrap the fabric around the tennis ball, then use the strip of fabric to tie the ball in place.



3. Cut the tail of the fabric in to strips.



4. Using as 3 – 9 strips of fabric separate the strips in to three groups and plait/braid them together and tie a knot at the end.



Scent Pouches

THINGS YOU NEED:

- Pillow case or sheets
- Sewing machine or need and thread
- Scissors
- Different scents/potpourri/dirt/catnip etc



STEPS:

1. Cut your pillow case to the size required and sew the sides together to make a pouch - for larger dogs leave whole



2. Fill the pouch with your choice of stuffing's and scents, then sew the pouch closed and it is ready to be handed out



Hanging Dangle Toy

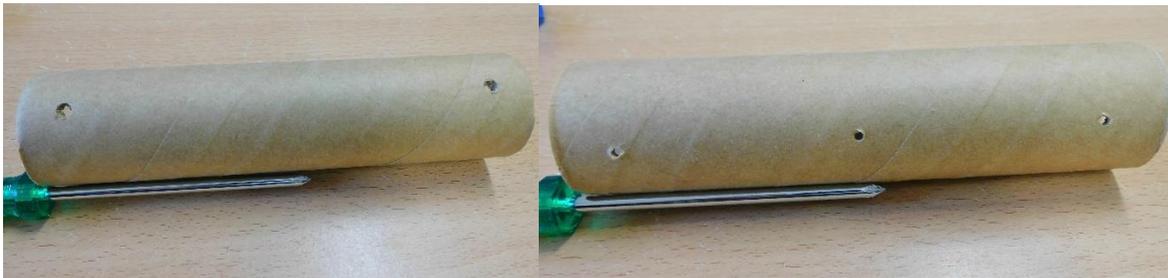
THINGS YOU NEED:

- Empty paper towel roll
- String/rope
- Bottle tops/cat rope toys/pom poms
- Scissors
- Philips Screwdriver

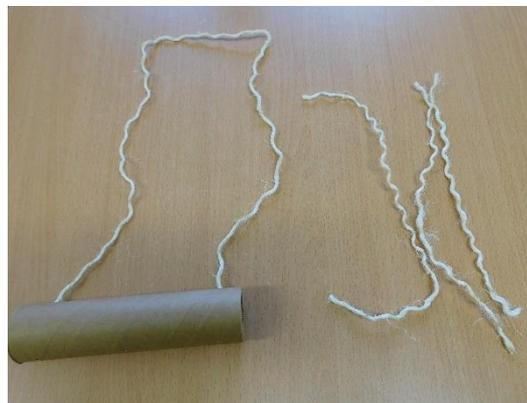


STEPS:

1. On the paper towel roll, make two holes on one side and three or four on the other side.



2. Cut your string/rope to the lengths you require



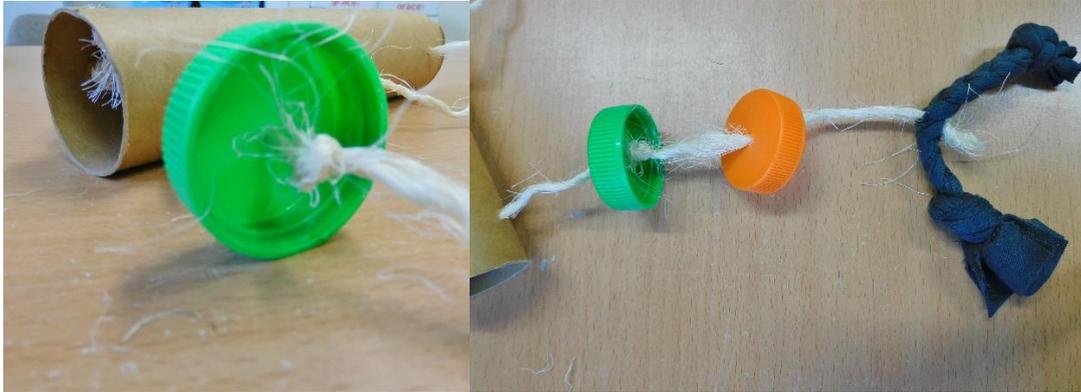
3. For the handle use a longer thicker piece of rope/string – place the end pieces through the two holes and tie a knot to keep it in place. Then place one end of each of the other three or four pieces of rope/string in the holes on the other side of the roll towel and tie a knot to keep in place.



4. Place a hole in the middle of the bottle tops.



5. Thread the rope/string through the bottle tops/rope toys/pom poms and tie a knot beneath them to keep them in place



6. Keep going until all lines have been completed then hang over a hook or door handle and let your feline companion play.

